Division II Prospective Student-Athlete
Tryout Rules and Regulations

A member institution may conduct a tryout of a prospective student-athlete only on its campus or at a site at which it normally conducts practice or competition beginning June 15 immediately preceding the prospective student-athlete’s junior year in high school and only under the following conditions:

- Not more than one tryout per perspective per student-athlete per institution per sport shall be permitted;
- The tryout may be conducted only for a high school or preparatory school prospective student-athlete outside his or her high schools or preparatory schools traditional season in the sport (which shall begin with the first official team practice and conclude with the team’s final competition); for a two year college student, after the conclusion of the sport season or anytime, provided the student has exhausted his or her two-year college eligibility in the sport; and for a four year college student, after the conclusion of the sport season, provided written permission to contact the prospective student-athlete has been obtained.

- Prior to participation in a tryout, a prospective student-athlete is required to undergo a medical examination or evaluation administered or supervised by a physician. The examination or evaluation shall include sickle cell solubility test (SST), unless documented results of a prior test are provided to the institution or the perspective student-athlete declines the test and signs a written release. The examination or evaluation must be administered within six months prior to participation in the tryout. The medical examination or evaluation must be conducted by an institution’s regular team physician or other designated physician as part of the tryout.
  - Exception: a medical examination conducted or supervised by a physician within six months of the prospective student-athlete’s participation in practice, competition or out of season conditioning activities at his or her high school, prep school or collegiate institution may be used to satisfy the medical examination requirement provided it was accepted by the perspective student-athlete’s high school, prep school, or collegiate institution for his or her participation in athletics during the academic year in which the tryout is conducted.
- The tryout may include tests to evaluate the prospective student-athlete’s strength, speed, agility and sport skills. Except in the sports of football, ice hockey, lacrosse, and wrestling, the tryouts may include competition.
- Competition against the member institutions team is permissible, provided such competition occurs during the academic year and is considered a countable athletically related activity per bylaw 17.02.1
- The time of the tryout activities shall be limited to the length of the institution’s normal practice period in the sport but in no event shall it be longer than two hours;
- The institution may provide equipment and clothing on an issuance-and-retrieval basis to a prospective student-athlete during the period of the tryout.