Adelphi University Athletic Training
Emergency Action Plan
For Intercollegiate Athletic Facilities
Emergency Action Plan for Certified Athletic Trainer

<table>
<thead>
<tr>
<th>Emergency Contacts</th>
<th>Number By Cell Phone</th>
<th>Extension By Campus Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

Public AED Location:
AED outside CRS room 123 (Athletic Training Room)

1. Initiate a primary survey and evaluation of problem.
2. Stabilize all life threatening situations (administer CPR and stabilize head/neck).
   a. AED and splint bag will be located on home bench.
3. Instruct a coach or administrator on duty to use a cell phone or emergency call phone to contact Public Safety if an ambulance is needed. DO NOT call 911! Public Safety will call EMS and direct them into campus.
4. Continue with any evaluation, stabilization, or life saving techniques required for the situation (CPR, AED use, etc.) until EMS arrives.
5. Designate someone to escort public safety and EMS to the scene.
**Center of Recreation and Sport:**
**Basketball, Volleyball, and West End Weight Room**

**Nearest Emergency Phone:**
A red emergency phone is located by the elevator outside the gymnasium.

**Emergency Numbers and Public AED Location:**

<table>
<thead>
<tr>
<th>Emergency Contacts:</th>
<th>Number By Cell Phone:</th>
<th>Extension By Campus Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

**Public AED Location:**
AED outside Athletic Training Room (CRS room 123)

An additional AED is located at the main desk in the lobby of CRS

The on duty Athletic Trainer will decide if an injury requires EMS. If an Athletic Trainer is not available the following procedure should be followed:

1. Stabilize the athlete.
2. Alert ATC staff of the situation.
3. If ATC cannot be reached designate someone to call Public Safety and ask for an ambulance if you suspect:
   - Possible head, back, or neck injury
   - Possible heat exhaustion or stroke
   - Compound or displaced fracture
   - Loss or altered consciousness
   - If the athlete has stopped breathing or has no pulse
   - Excessive bleeding
4. When speaking to Public Safety identify yourself, your location, describe the situation, and ask for an ambulance.
5. Provide emergency care until EMS arrives and takes over care of the athlete.
6. Provide information regarding the injury (mechanism of injury, vitals, treatment, and medical history) to EMS.
7. Report the injury to an Athletic Trainer.

*Remember to remain calm and composed.*

- **Do not** call Public Safety for an ambulance if an athlete sustains a minor injury, such as, sprain, strain, or requires basic first aid treatment.
Motamed Field:
Soccer, Field Hockey, and Lacrosse

Nearest Emergency Call Box:
An emergency call box is located at the entrance of Motamed Field behind ticketing booth.

Emergency Numbers and Public AED Location:

<table>
<thead>
<tr>
<th>Emergency Contacts</th>
<th>Number By Cell Phone</th>
<th>Extension By Campus Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

Public AED Location:
AED outside Athletic Training Room (CRS room 123)

The on duty Athletic Trainer will decide if an injury requires EMS. If an Athletic Trainer is not available the following procedure should be followed:

1. Stabilize the athlete.
2. Alert ATC staff of the situation.
3. If ATC cannot be reached designate someone to call Public Safety and ask for an ambulance if you suspect:
   - Possible head, back, or neck injury
   - Possible heat exhaustion or stroke
   - Compound or displaced fracture
   - Loss or altered consciousness
   - If the athlete has stopped breathing or has no pulse
   - Excessive bleeding
4. When speaking to Public Safety identify yourself, your location, describe the situation, and ask for an ambulance.
5. Provide emergency care until EMS arrives and takes over care of the athlete.
6. Provide information regarding the injury (mechanism of injury, vitals, treatment, and medical history) to EMS.
7. Report the injury to an Athletic Trainer.
   
   Remember to remain calm and composed.

Do not call Public Safety for an ambulance if an athlete sustains a minor injury, such as, sprain, strain, or requires basic first aid treatment.

Lightning Protocol for Motamed Field:

- Keep an eye out for lightning, if you suspect a thunderstorm is approaching.
- Once lightning is seen, clear the field and move into CRS.
- You must wait 30 minutes from the last lightning flash to return to the field.
Tennis Courts and Practice Field:
Tennis and Practice Field

Nearest Emergency Call Box:
An emergency call box is located between the tennis courts and the main entrance of Alice Brown Early Learning Center.

Emergency Numbers and Public AED Location:

<table>
<thead>
<tr>
<th>Emergency Contacts</th>
<th>Number By Cell Phone</th>
<th>Extension By Campus Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

Public AED Location:
AED outside Athletic Training Room (CRS room 123)

The on duty Athletic Trainer will decide if an injury requires EMS.
If an Athletic Trainer is not available the following procedure should be followed:

1. Stabilize the athlete.
2. Alert ATC staff of the situation.
3. If ATC cannot be reached designate someone to call Public Safety and ask for an ambulance if you suspect:
   - Possible head, back, or neck injury
   - Possible heat exhaustion or stroke
   - Compound or displaced fracture
   - Loss or altered consciousness
   - If the athlete has stopped breathing or has no pulse
   - Excessive bleeding
4. When speaking to Public Safety identify yourself, your location, describe the situation, and ask for an ambulance.
5. Provide emergency care until EMS arrives and takes over care of the athlete.
6. Provide information regarding the injury (mechanism of injury, vitals, treatment, and medical history) to EMS.
7. Report the injury to an Athletic Trainer.

Remember to remain calm and composed.

Do not call Public Safety for an ambulance if an athlete sustains a minor injury, such as, sprain, strain, or requires basic first aid treatment.

Lightning Protocol for Tennis Courts and Practice Field:

- Keep an eye out for lightning, if you suspect a thunderstorm is approaching.
- Once lightning is seen, clear the field and move into CRS or facilities work shed.
- You must wait 30 minutes from the last lightning flash to return to the field.
Pool in Woodruff Hall: 
Swimming

Nearest Emergency Phone: 
A red emergency phone is located on either end of the pool deck.

Emergency Numbers and Public AED Location:

<table>
<thead>
<tr>
<th>Emergency Contacts:</th>
<th>Number By Cell Phone:</th>
<th>Extension By Campus Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

Public AED Location:
AED is located on Pool Deck in Swim Office
AED outside Athletic Training Room (CRS room 123)

The on duty Athletic Trainer will decide if an injury requires EMS.
If an Athletic Trainer is not available the following procedure should be followed:

1. Stabilize the athlete.
2. Alert ATC of situation.
3. If ATC cannot be reached designate someone to call Public Safety and ask for an ambulance if you suspect:
   - Possible head, back, or neck injury
   - Possible heat exhaustion or stroke
   - Compound or displaced fracture
   - Loss or altered consciousness
   - If the athlete has stopped breathing or has no pulse
   - Excessive bleeding
4. When speaking to Public Safety identify yourself, your location, describe the situation, and ask for an ambulance.
5. Provide emergency care until EMS arrives and takes over care of the athlete.
6. Provide information regarding the injury (mechanism of injury, vitals, treatment, and medical history) to EMS.
7. Report the injury to an Athletic Trainer.

*Remember to remain calm and composed.*

Do not call Public Safety for an ambulance if an athlete sustains a minor injury, such as, sprain, strain, or requires basic first aid treatments.
William J. Bonomo Memorial Field:
Baseball

Nearest Emergency Call Box:
An emergency call box is located between Chapman Hall and Linen Hall behind the batting cages or behind visiting bench in front of Eddy Hall.

Emergency Numbers and Public AED Location:

<table>
<thead>
<tr>
<th>Emergency Contacts</th>
<th>Number By Cell Phone</th>
<th>Extension By Campus Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

Public AED Location:
- AED is located with Public Safety when contacted
- AED outside Athletic Training Room (CRS room 123)

The on duty Athletic Trainer will decide if an injury requires EMS.
If an Athletic Trainer is not available the following procedure should be followed:

1. Stabilize the athlete.
2. Alert ATC of situation.
3. If ATC cannot be reached designate someone to call Public Safety and ask for an ambulance if you suspect:
   - Possible head, back, or neck injury
   - Possible heat exhaustion or stroke
   - Compound or displaced fracture
   - Loss or altered consciousness
   - If the athlete has stopped breathing or has no pulse
   - Excessive bleeding
4. When speaking to Public Safety identify yourself, your location, describe the situation, and ask for an ambulance.
5. Provide emergency care until EMS arrives and takes over care of the athlete.
6. Provide information regarding the injury (mechanism of injury, vitals, treatment, and medical history) to EMS.
7. Report the injury to an Athletic Trainer.

   *Remember to remain calm and composed.*

   ✗ **Do not** call Public Safety for an ambulance if an athlete sustains a minor injury, such as, sprain, strain, or requires basic first aid treatment.

**Lightning Protocol for Bonomo Field:**
- Keep an eye out for lightning, if you suspect a thunderstorm is approaching.
- Once lightning is seen, clear the field and move into Eddy or Linen Hall.
- You must wait 30 minutes from the last lightning flash to return to the field.
  *DO NOT Stay in the dugouts!!! Find shelter in a building.*
Ficke Field:
Softball

Nearest Emergency Call Box:
Yellow emergency call boxes are located in each dugout.

Emergency Numbers and Public AED Location:

<table>
<thead>
<tr>
<th>Emergency Contacts:</th>
<th>Number By Cell Phone:</th>
<th>Extension By Campus Phone:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Safety</td>
<td>516-877-3500</td>
<td>Dial 5</td>
</tr>
<tr>
<td>Athletic Training Room</td>
<td>516-833-8172</td>
<td>X8172</td>
</tr>
</tbody>
</table>

Public AED Location:
- AED is located with Public Safety when contacted
- AED outside Athletic Training Room (CRS room 123)

The on duty Athletic Trainer will decide if an injury requires EMS.
If an Athletic Trainer is not available the following procedure should be followed:

1. Stabilize the athlete.
2. Alert ATC of situation.
3. If ATC cannot be reached designate someone to call Public Safety and ask for an ambulance if you suspect:
   - Possible head, back, or neck injury
   - Possible heat exhaustion or stroke
   - Compound or displaced fracture
   - Loss or altered consciousness
   - If the athlete has stopped breathing or has no pulse
   - Excessive bleeding
4. When speaking to Public Safety identify yourself, your location, describe the situation, and ask for an ambulance.
5. Provide emergency care until EMS arrives and takes over care of the athlete.
6. Provide information regarding the injury (mechanism of injury, vitals, treatment, and medical history) to EMS.
7. Report the injury to an Athletic Trainer.

Remember to remain calm and composed.

- Do not call Public Safety for an ambulance if an athlete sustains a minor injury, such as, sprain, strain, or requires basic first aid treatment.

Lightning Protocol for Ficke Field:
- Keep an eye out for lightning, if you suspect a thunderstorm is approaching.
- Once lightning is seen, clear the field and move into New Hall A or Swirbul Library.
- You must wait 30 minutes from the last lightning flash to return to the field.
  *DO NOT Stay in the dugouts!!! Find shelter in a building.

Adelphi University Athletic Training Department